## BOARD OF EXAMINERS' APPROVAL SHEET

How First-Year EFL Undergraduate Students Maintain Their Mental Health in English Language Learning

By

Raihan Tsany Haidar

Student Number

: 20191102009

Defended before the Board of Examiners

On 2 February 2024 and declared acceptable

Board of Examiners

Chairperson : Sri Lestari, S.Pd., MA.

Member : Imam Santosa, S.Pd, M.Pd

Member : Dr. Irma Savitri Sadikin, S.Pd., M.Pd.

Jakarta, 21 Febuary

Head of the English Language Education Department

Universitas Esa Unggul

Imam Santosa, S.Pd, M.Pd

NIP. 215080599